

Mid-Atlantic Chinese Shar-pei Rescue Operation

Non-Profit, Tax Exempt

Dedicated to the
rehabilitation
and adoption
of purebred
Chinese
Shar Pei



Quarterly Newsletter

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Well, we are still here thanks to the kindness of strangers and friends. You know who you are. We found foster and forever homes for most, as you will read below. But now in such a short time, we are faced with nine new dogs. So, the need for funds goes on and on. We receive calls from shelters that go somewhat like this "we have a Shar Pei which we are not putting up for adoption. If a rescue group does not take it, we will put the dog down". Why? "Because Shar Pei are a special breed that need experienced people to handle them". They are not even given a chance to be adopted through most shelters. When we get that call we know that it's us or no one. So we keep trying – with your help.

RESCUES & ADOPTIONS since July 2006 – below is an updated list of our rescues and adoptions since our last newsletter in May. Those listed with an "*" next to them are dogs that are still available for adoption. All our dogs are spayed or neutered prior to adoption (health/age permitting); have been heart worm tested; parasite tested and have all necessary shots.

280-06 Ellie, our sweet female from Frederick County, MD, who had Amyloidosis, passed away two weeks ago.

284-06 Sara, our crème female, was being fostered in Stafford and has come along so well that she is going to stay there forever. We are amazed at how much she has changed.

285-06 Kara, Sara's sister, did not fair as well. Ever moment of her day, she was afraid. Her mental outlook just could not be changed and after more than three months of work, we felt that life was just too painful for her and she was gently put to sleep.

286-06 Remi, a fawn male, was fostered by our friends and rescue owners in Silver Spring, MD. It didn't take long for Remi to wiggle his way into their hearts and lives to become their forever companion.

287-06 Penny found a wonderful home with Connor, her 11 year old buddy, and a cat in D.C. The family had never owned a dog and they could not have found a better one to start with than Penny.

288-06* Askim, the brother of Sara, Crème with brown tipped ears and green eyes. He, like Sara and Kara, is terribly afraid. He was adopted from Anne Arundel shelter and returned. He is now in foster with Pam Mayes, who did such a good job with Sara. When he was brought into the home, Sara recognized him and went up to him and licked his face. We have hope and prayers for him.

289-06 China, a young black female, was returned to Prince George's shelter because she weighted too much for the apartment rules. She is very friendly and gets on well with everyone. We can't understand how she could be given

290-06* Chico, a young fawn male, may not be 100% Shar Pei. But he was gentle, sweet, frightened and scheduled to be put down if we did not take him. We couldn't leave him.

291-06 Harry, a black puppy left at Montgomery County Shelter along with his mother and brother. They both got applications and we got Harry. He is only 5 months old and needs someone to play with.

292-06 Atlas, a black male was taken from a shelter and being kept in a kennel by a most kind lady in Reisterstown, Md. He is now in Dumfries getting all his health work done and is totally ready to go to his forever home.

293-06* JoJo a black male is from the Baltimore SPCA. He is currently kenneled in Reisterstown, MD and will be coming to Dumfries soon. He is shy and needs lots of special attention.

294-06* Dolce, a black female came to us from the Howard County, MD shelter. She is very people orientated and has made friends with everyone she meets. She is awaiting spaying and general health work and will be ready to go.

295-06* Tinkle is a crème male just 14 weeks old. He and his brother were brought into the Charles County, MD shelter by a breeder who after 13 weeks could not be bothered any longer as the crèmes did not sell as well as the fawns. Tinkle is being fostered as he is too young to kennel. He is a sweetheart.

296-06* Wylbur, a fawn male was abandoned at a Veterinary clinic in MD. He gets along with everyone and knowing what his fate would be at the shelter, the Veterinarian has kept him until we had room for him.

297-06* Miss Shadow was found in the woods and it took many weeks to convince her to come into Peg Perez's home and allow someone to touch her. She is now doing fine, has had her spaying and general health work done and has decided that people aren't so bad after all. She is being fostered by Peg in South Carolina.

298*-06 Trasher/Shadow is related to Askhim and Sara. She is a blue female who came into the Ann Arundel shelter on a cruelty case along with 5 other Shar Pei and several horses. She was adopted but later given up due to the owner's illness. When adopted, she became "Shadow".

299*-06 Halle came to us from West Virginia where they still put dogs in a gas chamber. She was abandoned by a family when they moved and the neighbors fed her but feared that she would be taken in by the warden. So with the help of three separate families, each transporting her part of the way and keeping her overnight, she made it to us. She is a beautiful gal who will be ready to go to a forever home in several weeks.

300*-06 Homer came to us from Prince George Cty Md animal control. He was never claimed. Someone must be missing him very much as he is a loving and gentle dog. He has had his eyes done and is ready to go. n

Combined Federal Campaign of the National Capitol Area #7122 Government employees – We have again, this year, become eligible to receive donations through CFCNCA. Don't forget to list us as your designed charity. Thank you. n

Do You Shop at Food Lion?

If you shop at Food Lion, there is a simple way to help raise money for MACSPRO that won't cost you a penny. All you have to do is go on line to foodlion.com and register your MVP card to benefit MACSPRO. If you don't have a card, you can sign up for one there also. Once you have registered, a portion of your grocery bill will be donated to MACSPRO. Get great food and help your charity at the same time. n

FREE \$5 Donations!

Through October 31, 2006, each new member who joins iGive and shops will earn an additional \$5 for you! That's on top of the standard donations from shopping (up to 26% of each purchase benefits your cause!). Only one hitch: supporters must shop within 45 days of joining to get the bonus. With over 650 stores now at iGive.com, we have something for everyone! n

INCOME AND EXPENSE STATEMENT

1 July 2006 thru 30 September 2006

Prior Balance:	\$838.58
Income:	
Adoptions,	
Membership & Donations	\$11,314.04
	\$12,152.62
Expenses:	
Medical Care & Kenneling	\$ 6,823.24
Register micro chips	\$85.00
	\$6,908.24
Balance:	\$5,244.38

Health Articles

Food - The Foundation of Good Health

By Pam Robbins

As some of you may know that I am taking a series of courses to get a certificate in Holistic Companion Animal Care. I have learned some very interesting information when it comes to food and how important it is in our dog's life.

My information is coming primarily from three sources: The Encyclopedia of Natural Pet Care by CJ Puotinen, The Nature of Animal Healing by Martin Goldstein, and Dr. Pitcairn's Complete Guide to Natural Health for Dogs and Cats. This information is given as guidance to help your pets live longer and healthier. We are not veterinarians and don't claim to be experts.

Today, everyone is very busy with work, school, soccer, ballet, our volunteer work etc and barely have time to cook our own meals let alone cook for our dogs. So, consequently we seek out convenience dog food (dry or wet) to help us to feed our dogs. The pet industry and our vets have convinced us that commercial food is the best way to provide our dogs with a balanced nutritious diet. There is no doubt that commercial pet food sustains life. The question is whether these foods promote good health. We all know that what we put in our bodies is the foundation of good health for people. Well the same is true for your dog. If we are putting "bad food" into their bodies then they are going to suffer ill health. A healthy diet would sustain good health and prevent illness. I know you are thinking "genetics are involved too". That is true but we know that the body has a phenomenal capability to sustain health when given the essential nutrients, free of contaminants and poison.

Believe it or not but in some breeds the life expectancy is now half of what it used to be before World War II, when Americans were feeding their dogs raw bones and table scraps. Diet of course is not the only factor in this overall decline - environmental pollutions, toxic chemicals and stress take their toll.

In my studies, I have discovered that all animals (zoo and domestic), in the United States, not cremated are sent to rendering plants to be turned into bone meal and tallow. Even those animals euthanized with Sodium Pentobarbital are sent to rendering plants. It is a known fact that the Sodium Pentobarbital does not leave the body of these animals and still resides in the end result. The "end result" is then sent to dog food companies and put in dog food, cat food etc. I know this is horrible to think about. Look at your dog food label. If it says "chicken meal (if your food says this call the company and ask what it means), poultry by-products, bonemeal, tallow, or any other meat with a "by-product" attached, you should throw out the food and buy a good quality food or consider making your dog's food. I know that good quality food is expensive, but the bottom line in all this is less money to the vet and a happier and healthier pet..

Consider at the least to add some fresh food to your dog's diet by means of cooking extra healthy vegetables and adding them to his evening meal. We are not talking about French fries. Examples of good healthy vegetables (preferably organic) are: broccoli, cauliflower, squash,

green beans, sweet potatoes, potatoes, avocados, kale, spinach, and carrots. This list is not complete obviously. Your dog can also benefit from whole grains (just like you can also) such as barley, brown rice, couscous, bulgar, amaranth etc. Vegetables and grains must be cooked before being fed. Good quality meats are also important. One of the most important things you can do for your dog is filter his tap water.

I have written articles previously in our newsletter about feeding a fresh diet and what I put in my dog's food. Well lately I have expanded what goes into their food and also vary their food from week to week. No, it does not give them diarrhea. They tolerate the changes quite nicely. Of course I started slowly introducing fresh foods into their diet. When I first got Parker, he would not eat the fresh diet. It took him a while. Now he loves it. I also started putting in a powdered supplement that has enzymes and pro-biotics (acidophilus and others). The dogs also get flax seed oil or seed. In the last newsletter I wrote about Parker's first time with Shar Pei fever. He had that attack soon after we got him. Now that he has been with us for months and on the whole food he has not had another attack of Shar Pei fever. I don't know if it is the diet or not but I do know that I am not going to stop feeding it to him or my others.

If you would like more information on the benefits of a fresh diet, please pick up any one of the books listed above. You will be amazed and will learn a lot. There is also a book written by Ann Martin titled "Foods Pets Die For". It is an in-depth study of pet food and the horrible things that are put into pet food. n

First Aid for Pets

Cardiopulmonary Resuscitation (CPR and Rescue Breathing):

CPR is the method used to treat a dog that is not breathing or has no heartbeat. It consists of rescue breathing (also called mouth to nose/mouth resuscitation) and Chest compressions. CPR is based on three basic principles, called the ABCs of CPR. **You must follow the ABC order (Airway, Breathing and Circulation) when attempting CPR.**

A = Airway

Does the dog have an open airway (the airway is the passage the dog breathes through. Check to see if the throat and mouth are clear of foreign objects)? If the answer is **yes**, go to **Breathing**. If the answer is **no**, you need to open the airway. Do the following:

1. Lay the dog down, on either side.
2. Gently tilt the head slightly back to extend the neck and head.
3. Pull the tongue between the front teeth.
4. Use your finger to check for and remove any foreign material or vomit from the mouth.

B = Breathing

Is the dog breathing? If the answer is **yes**, allow the dog to assume the body position most comfortable for them. Then move on to **Circulation**. If the answer is **no**, do the following:

1. Open the airway
2. For medium and large dogs, seal the mouth and lips by placing your hands around the lips, gently holding the muzzle closed. For small dogs (less than 30 pounds), your mouth will seal the mouth and lips.
3. Place your mouth over the dog's nose and forcefully exhale.
4. Give four or five breaths rapidly, and then check to see if your pet is breathing without assistance. If the dog begins to breathe, but the breathing is shallow and irregular, or if breathing does not begin, continue artificial respirations until you reach the veterinary hospital or for a maximum of 20 minutes (Beyond 20 minutes there is little chance of reviving your dog).

Use the following breathing rates:

- Small dog (under 30 pounds) 20-30 breaths per minute.
- Medium or large dog (over 30 pounds): 20 breaths per minute.

C = Circulation

Is there a heartbeat or pulse? If the answer is **no**, perform chest compressions. Do the following:

Small Dog (Under 30 pounds)

1. Lay your dog down, on the animal's right side.
2. Kneel next to your dog with the animal's chest facing you.
3. Place the palm of one of your hands over the ribs at the point where the elbow touches the chest. Place your other hand underneath the right side of the animal.
4. Compress the chest ½-1 inch (your elbows should be softly locked during compressions).
5. Chest compressions are alternated with breaths.
6. If working alone, do five compressions for each breath, and then check for a pulse.
7. If there are two people, one person does the breathing while the other does the compressions at a rate of three compressions for each breath, then check for a pulse.

Medium to Large Dog (30 to 90 pounds)

1. Stand or kneel with the dogs back towards you.
2. Extend your arms at the elbows.
3. Cup your hands over each other.
4. Compress the chest at the point where the left elbow lies when pulled back to the chest.
5. Compress so the chest moves about 1-3 inches with each compression.

6. If working alone, do five compressions for each breath, and then check for a pulse.
7. If there are two people, one person does the breathing while the other does the compressions at a rate of two or three compressions for each breath, then check for a pulse.

Continue CPR until the dog has a strong heartbeat and pulse, or until you reach the veterinary hospital, or until 20 minutes have passed and your efforts have not been successful. CPR can be performed on the way to the veterinary hospital, as long as there are at least two people present (one to drive).

Choking

Cause

- Food, toy or other object stuck in the throat
- Ill animal choking on their own vomit
- Trauma to the neck or throat region
- Upper respiratory disease
- Tongue swelling due to an allergic reaction

Signs

- Dog stops breathing
- Struggling or gasping for breath
- Loud breathing sounds
- Anxiousness
- Gums may be blue or white
- History of chewing or playing with objects such as rawhides and balls

Basic First Aid Procedures

Use caution not to get bitten, especially if you work on a conscious or semi-conscious animal.

1. Open the mouth and carefully sweep from side to side with your finger to see if you can feel and dislodge the object. Be careful not to push the object further into the throat or get bitten
2. Pull the tongue forward, removing any object, vomit or foreign material present.
3. If the dog is small enough for you to comfortably lift and suspend, suspend the dog by the hips with the head hung down.
4. If the dog is too large to suspend, hold the dog's hind legs in the air (like a wheelbarrow) so the head hangs down.
5. If the object does not come out by doing this, perform the following:
 - Have the dog either stand or lie down.
 - Place your arms around the dog's waist.
 - Close your hands together to make a fist and place the fist just behind the last rib.
 - Compress the abdomen by pushing up

with this fist five times in a quick and rapid manner (this is similar to the Heimlich maneuver commonly performed on humans to dislodge materials in the throat).

- Perform rescue breathing for five breaths. Even a small amount of air getting past the foreign object will make this thrust maneuver more effective.
6. If this is not successful in dislodging the object, administer a sharp blow with the flat side of your hand between the shoulder blades, and then repeat the abdominal compressions.
 7. Carefully sweep the mouth with your finger, to see if you can dislodge the object, if it has not come out on its own.

Once the object is dislodged, stop the thrust, check for the ABCs, initiate CPR if needed and get the animal to a veterinary hospital at once.

Do not attempt to place fingers in the mouth of a dog that is growling. n

Skin Saver Cocktail

Here is a recipe for those owners who have dogs with skin problems. It is rich in zinc, beta carotene and vitamin B6. This healthful cocktail has detoxification and anti-inflammatory benefits for the pet with skin problems.

3 sprigs parsley
1 cucumber
1 medium apple (no core)
1 small beet
4 carrots
1/4 cup peas
1/4 inch ginger root

Dosage for dogs and small cats: 2 tbsp three times daily; for dogs up to 50 lbs: 5 tablespoons daily. Put all ingredients into juicer and serve to your pet. Wash all vegetables very well before juicing. Use organic if you can afford to.

n

Basic Salve Recipe

1 cup infused oil or plain oil (see below for definition of infused oil)
1/2 tsp tea tree essential oil
1/4 tsp grapefruit seed extract (buy from a health food store)
4 drops of pure lavender essential oil
1 oz beeswax

Combine ingredients in a double boiler or over very low heat until the beeswax has melted. Test the salve by placing a spoonful in the refrigerator. As soon as it hard-

ens, check to be sure the salve is soft but not runny. If it's too soft, add more beeswax, if too hard, add more oil. Pour into clean baby food jars or other containers. This antiseptic, analgesic, soothing salve speeds the healing of cuts, burns and other wounds. If your dog lick it off - don't worry. None of the ingredients are harmful if swallowed.

Note: You must use pure essential oils. No perfume oils! This salve can also be used for humans. The grapefruit seed extract is an antibacterial and antifungal. n

Using Milk Thistle Seed to Help Your Pet

(Disclaimer: This is personal advice not meant to act as a replacement for medical advice from a vet or physician)

Milk Thistle seed is an herb that can be purchased in health food stores as a dry herb, liquid or tea. Milk Thistle is used as a tonic to detoxify the liver. It can reverse liver damage in both pets and people. I have used Milk Thistle on an off for years to bring down a liver enzyme called Alkaline Phosphatase. I take cholesterol medicine which can elevate liver enzymes as they do for me. When my enzymes elevate I stop taking the cholesterol medicine and go on Milk Thistle for a couple of weeks. Once the values are normal again, I can restart the cholesterol medicine.

Milk Thistle has been scientifically researched in Europe and US for more than 45 years and is known to treat mushroom poisoning, hepatitis, cirrhosis and drug damage done to the liver. A possible use would be for those Shar Pei who have Shar Pei fever or Amyloidosis. When a Pei has just had a Shar Pei fever attack, their liver enzymes will elevate. This happened when Parker had his attack. I gave him Milk Thistle tincture (liquid I bought at Vitamin Shoppe - alcohol free) 1 dropper every day for 2 wks. We then repeated the blood work and found that his liver enzymes were normal. n



The Mid-Atlantic Chinese Shar-Pei Rescue Operation, Inc.

Non-Profit, Tax Deductible

Application for Membership

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____ E-Mail: _____

Last chance for dues renewal for Year 2006: \$25.00

We are about to close our doors unless we can get your support. Your entire contribution will be used for medical and boarding expenses. If you enjoy the various information available in the newsletters, please show your appreciation by sending in your contribution today. Thank you.

Contribution enclosed: _____

(You may pay by credit card via our web site: www.macspro.org) Thank you for your support.

Signature: _____ Date: _____

Mailing address: MACSPRO, P.O. BOX 34034, BETHESDA, MARYLAND 20827

**MACSPRO
P.O. BOX 34034
BETHESDA, MD 20827**

Wait! Inside there is a poster suitable for hanging anywhere you want to advertise our rescues.

“Our Gang”

Available for Adoption through the Mid-Atlantic Chinese Shar-Pei Rescue Operation
Website: www.macspro.org Phone: (301)881-1221



Chico



Homer

Adopt me now!



Shadow



JoJo